

Dear Rick 3 - High School Advice

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Scott: What is some good advice for high school students?

Rick: Pick who you'd want to be to see if you can get what you want out of high school. That was one way for me. I wanted a girlfriend, but was nerdy. I kept trying to change to be less nerdy and more jock-ish, but because everyone knew me in the little town I grew up and started late to have success in sports, it didn't work at all.

Everybody knew that I was a nerd that was getting restless as a nerd and it didn't make me anymore popular back in a time when popularity was more of a thing. The general principle is still applicable. It took me a while to realize that because girls fall in love with nerds in movies does not mean that they do it in real life.

I was going to have to decide if I wanted to change myself and learn better social skills to get what I want. That's something best done in the first year of high school or before to decide what you want to get out of high school and see if what you're doing will help you with that.

I didn't have much of a problem getting good grades much of the time until I kept getting sad not being popular and then fucking up. Maybe, social success isn't what you want out of high school and academic success is - see if you're well positioned for academic success.

Do you have good study habits? Do you have good reading skills? At some point, instead of drifting through high school and letting stuff happen to you, early on, you should decide what you want out of high school and see if you can make it more likely that you can get what you want out of high school.

Everybody is frustrated and miserable to some extent in high school. But that's preferable to real life or adult misery because everybody is clear on why they are miserable. It makes it a little less horrible understanding your situation.

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